

Spring Haven Retirement

JULY 2010

IL Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Calendar Abbreviations</p> <p>AR ~ Activity Room CR ~ Card Room DR ~ Dining Room SU ~ Sign Up IL AR ~ Independent Living Activity Room ICP ~ Ice Cream Parlor</p>				1 10:00 Chair Aerobics (AR) 10:30 Make Floral Centerpieces for dining room (AR) 1:00 Queens (CR) 2:00 Needles & Tea (AR) 4:00 Dinner Group(SU) Sundown Southern Eatery - WH 6:15 Poker (3rd Floor)	2 9:00 Walking Group (AR) 9:30 Lakeland Mall/Michaels (SU) 9:30 Catholic Communion (CR) 10:00 Chair Aerobics (AR) 12:00 Golden Hearts (SU) 3:00 Quarter Bingo (AR) 6:30 Christian Fellowship (AR)	3 10:00 Chair Aerobic (AR) 1:00 Pinochle (CR) 6:00 Poker (CR) 7:00 Bingo (AR)
<p>Early Seating 11:30 - 1:30</p> <p>9:00 Chapel 9:30 St. Joseph's Church (SU) 10:00 Beymer Church (SU) 10:00 St. Paul's Episcopal (SU)</p> <p>INDEPENDENCE DAY</p>	4 9:00 Low Vision Group (CR) 9:00 Pool Aerobics (Pool) 10:00 Fun 'n Fitness (AR) 11:00 Candy Pokeno (AR) 12:45 Card Games (CR) 2:00 Volunteer Meeting (AR) 6:00 Bridge (CR)	5 9:00 Podiatrist 9:00 Walking Group (AR) 9:00/9:15 Publix (SU) 12:30 Banking - Northside (SU) 1:30 Ice Cream Social (ICP) 2:00 Walgreens (SU) 	6 10:00 Blood Pressure Cl 11:00 Coin LCR Dice Game (AR) 2:30 Bible Study (CR) 2:30 Nickel Bingo (AR) 6:00 Queens (CR) 6:30 Scrabble (AR) 	7 10:00 WH Fire Dept. Tour(SU) 10:00 Chair Aerobics (AR) 1:00 Queens (CR) 2:00 Needles & Tea (AR) 6:15 Poker (3rd Floor) 	8 9:00 Walking Group 9:00 Walmart - Auburndale (SU) 10:00 Chair Aerobics (AR) 10:00 - 2:00 Fashion Direct (AR) 12:00 Chef's Treat (SU) 3:00 Quarter Bingo (AR) 6:30 Christian Fellowship (AR) 	10 10:00 Chair Aerobic (AR) 1:00 Pinochle (CR) 6:00 Poker (CR) 7:00 Bingo (AR)
<p>Early Seating 11:30 - 1:30</p> <p>9:00 Chapel Service 9:30 St. Joseph's Church (SU) 10:00 Beymer Church (SU) 10:00 St. Paul's Episcopal (SU) 4:00 Mix and Mingle 6:30 Movie (AR)</p>	11 9:00 Low Vision Group (CR) 9:00 Pool Aerobics (Pool) 10:00 Fun 'n Fitness (AR) 10:45 Rummikub (CR) 1:45 Dairy Queen (SU) 2:00 Poetry/Short Story (AR) 6:00 Bridge Group (CR)	12 9:00 Walking Group (AR) 9:00/9:15 Publix (SU) 11:00 Bereavement Group 12:30 Banking - Southside (SU) 1:30 Ice Cream Social (ICP) 2:00 St. Alban's Communion (CR)	13 10:00 B/P Clinic (AR) 11:00 Coin LCR Dice Game (AR) 2:30 Bible Study (CR) 2:30 Nickel Bingo (AR) 6:00 Queens (CR) 6:30 Scrabble (CR) 	14 10:00 Chair Aerobics (AR) 11:00 Lunch Group (SU) Pizza Hut 1:00 Queens (CR) 2:00 Organ Concert Betsy - Fletcher Music (AR) 2:30 Memory Care Support Group with Larry Powell (PDR) 6:15 Poker (3rd Floor)	15 9:00 Walking Group 9:45 Belks/Macys (SU) 10:00 Chair Aerobics (AR) 12:00 Birthday/Anniversary (SU) 3:00 Quarter Bingo (AR) 6:30 Christian Fellowship (AR)	17 10:00 Chair Aerobic (AR) 1:00 Pinochle (CR) 4:00- 7:00 Antique Car Show 6:00 Poker (CR) 7:00 Bingo (AR)
<p>Early Seating 11:30 - 1:30</p> <p>9:00 Chapel Service 9:30 St. Joseph's Church (SU) 10:00 Beymer Church (SU) 10:00 St. Paul's Episcopal (SU) 4:00 Mix and Mingle (AR) 6:30 Movie (AR)</p>	18 9:00 Pool Aerobics (Pool) 9:00 Low Vision Group (CR) 10:00 Fun 'n Fitness (AR) 11:00 Candy Pokeno (AR) 12:45 Card Games (CR) 1:00 Beltone (CR) 6:00 Bridge Group (CR) 	19 9:00/9:15 Publix (SU) 9:00 Walking Group (AR) 12:30 Banking - Northside (SU) 1:30 Ice Cream Social (ICP) 2:00 Walgreens (SU) 6:00 Harmony Grits (AR) 	20 10:00 B/P Clinic (AR) 11:00 Sheri with Alliance Hypertension (AR) 2:30 Bible Study (CR) 2:30 Nickel Bingo (AR) 6:00 Queens (CR) 6:30 Scrabble (AR) 	21 10:00 Chair Aerobics (AR) 1:00 Queens (CR) 2:00 Needles & Tea (AR) 6:15 Poker (3rd Floor) 	22 9:00 Walking Group(AR) 9:00 Wal-Mart (SU) 10:00 Chair Aerobics (AR) 10:00 Golf/Driving Range (SU) 12:00 Social Hour (SU) 3:00 Quarter Bingo (AR) 6:30 Christian Fellowship (AR)	24 10:00 Chair Aerobic (AR) 1:00 Pinochle (CR) 6:00 Poker (CR) 7:00 Bingo (AR)
<p>Early Seating 11:30 - 1:30</p> <p>9:00 Chapel Service 9:30 St. Joseph's Church (SU) 10:00 Beymer Church (SU) 10:00 St. Paul's Episcopal (SU) 4:00 Mix and Mingle 6:30 Movie (AR)</p>	25 9:00 Low Vision Group (CR) 9:00 Pool Aerobics (Pool) 10:00 Fun 'n Fitness (AR) 10:45 Rummikub (CR) 1:00 Dr. Jeffery Reddout Memory Fitness (AR) 2:00 Poetry/Short Story (AR) 6:00 Bridge Group (CR) 	26 9:00 Walking Group 9:00/9:15 Publix (SU) 12:30 Banking - Southside (SU) 1:30 Ice Cream Social (ICP) 2:00 Library (SU)	27 10:00 B/P Clinic (AR) 11:00 Coin LCR Dice Game (AR) 2:30 Bible Study (CR) 2:30 Nickel Bingo (AR) 6:00 Queens (CR) 6:30 Scrabble (AR) 	28 9:00 Podiatrist 10:00 Chair Aerobics (AR) 1:00 Queens (CR) 2:00 Needles & Tea (AR) 6:15 Poker (3rd Floor)	29 9:00 Walking Group 9:00 St. Mathews Thrift (SU) 10:00 Chair Aerobics (AR) 3:00 Quarter Bingo (AR) 6:30 Christian Fellowship (AR)	

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