

# SPRING HAVEN RETIREMENT



## IL Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Continental Style Breakfast Served Today	Continental Style Breakfast Served Today	Continental Style Breakfast Served Today	Continental Style Breakfast Served Today	Continental Style Breakfast Served Today	Continental Style Breakfast Served Today	Continental Style Breakfast Served Today
Cucumber Salad Garden Salad	Fresh Fruit Strawberry Yogurt W/Fresh Strawberries	Fruit/Cottage Cheese Garden Salad	Coleslaw Garden Salad	Ambrosia Pasta Salad	Fresh Fruit Garden Salad	Tomato Basil Salad Garden Salad
Minestrone Soup	Bowl of Grits Eggs Benedict (Toasted Eng Muffin topped W/Canadian Bacon & Hollandaise Sauce)	Beef Noodle Soup	Chicken Noodle Soup	Cream of Asparagus	Corn Chowder	Cream of Mushroom Soup
Chicken Marsala Popcorn Shrimp Baked Fish	Cream Ch Blintz W/Strawberries Brkfst Burrito (Sour Cream & Sal sa) Baked Chicken	Baked Ham Spaghetti w/ Meat Sauce Baked Fish	Fried Catfish Hushpuppies Corned Beef Baked Chicken	Smothered Chicken Beef Stir Fry Baked Fish	Broiled Cod Swedish Meatballs Baked Chicken	Pork Loin Chicken Cordon Bleu Baked Fish
Asparagus Cauliflower Baked Potato Mashed Potatoes	Hash Browns Potato O'Brien Steamed Broccoli Fresh Baked Biscuit Blueberry Muffin	Sicilian Vegetables Lima Beans Baked Sweet Potato Mashed Potatoes	Cabbage Corn New Potatoes Mashed Potatoes	Broccoli w/cheese Sliced Carrots Wild Rice Mashed Potatoes	Green Beans Capri Vegetables Egg Noodles Mashed Potatoes	Artichoke Hearts Zucchini Scalloped Potatoes Mashed Potatoes
Dinner Roll		Garlic Bread	Cornbread	Wheat Roll	Assorted Rolls	Dinner Roll
Coconut Cake		M & M Cookies	Coconut Meringue Pie	Coconut Cake	Lemon Ice Box Pie	German Choc.Cake