

Dinner Menu Week 1

SUNDAY	Cucumber Salad Garden Salad Minestrone Soup	Chicken Marsala Popcorn Shrimp Baked Fish	Asparagus , Cauliflower Baked Potato, Mashed Potatoes Dinner Roll	Coconut Cake Ice Cream
MONDAY	Garden Soup Vegetable Soup Pineapple & Mandarin Orange	Liver & Onions Salad Catfish	Peas & Pearl Onion Corn On The Cob Potato O'Brien, Mashed Potatoes Fresh Baked Biscuit	Red Velvet Cake Ice Cream
TUESDAY	Fruit & Cottage Cheese Garden Salad Beef Noodle Soup	Baked Ham, Baked Fish Spaghetti & Meat Sauce	Sicilian Blend, Lima Beans Baked Sweet Potato, Mashed Potatoes, Garlic Bread	M & M Cookies Ice Cream
WEDNESDAY	Garden Salad Coleslaw Chicken Noodle Soup	Fried Cod Hush Puppies Corned Beef Baked Chicken	Cabbage, Corn New Potatoes, Mashed Potatoes Cornbread	Coconut Meringue Ice Cream
THURSDAY	Ambrosia Caesar Salad Cream of Asparagus	Smothered Chicken Egg Plant Parmesan Baked Fish	Broccoli & Cheese, White Rice Sliced Carrots, Mashed Potatoes Wheat Roll	Orange Cake Ice Cream
FRIDAY	Fresh Fruit Garden Salad Corn Chowder	Broiled Cod Swedish Meatballs Baked Chicken	Capri Blend, Egg Noodles Mashed Potatoes Assorted Rolls	Lemon Ice Box Pie Ice Cream
SATURDAY	Tomato Basil Salad Garden Salad Cream of Mushroom	Pork Loin, Baked Fish Chicken Cordon Bleu	Artichoke Hearts, Zucchini Scalloped Potatoes, Mashed Potatoes, Dinner Roll	German Chocolate Cake Ice Cream

Dinner Menu Week 2

SUNDAY	Cream of Vegetable Soup Garden Salad Coleslaw	Beef Pot Roast Lamb Shanks Baked Fish	Green Beans, Carrots Potato Pancakes, Mashed Potatoes Assorted Rolls	Boston Cream Pie Ice Cream
MONDAY	Fruited Jell-O Spinach Salad Tuscan Onion Soup	Stuffed Peppers Fried Chicken Baked Fish	Succotash, Broccoli Baked Beans, Mashed Potatoes Dinner Roll	Black Forest Cake Ice Cream
TUESDAY	Caesar Salad Fruit & Cottage Cheese Split Pea Soup	Chopped Sirloin w/ Onions Chicken Parm w/ Pasta Chef Salad	Mixed Vegetables Yellow Squash, Baked Potato Mashed Potatoes Garlic Biscuits	Peanut Butter Cookies Ice Cream
WEDNESDAY	Fresh Fruit Garden Salad Homemade Chili	Short Ribs Chicken Lemon Pepper Cod	Spinach, Broiled Tomatoes Parslied New Potatoes Mashed Potatoes, Wheat Roll	Banana Cream Pie Ice Cream
THURSDAY	Carrot & Raisin Garden Salad Chicken Florentine Soup	Baked Ziti Chicken Ala King Baked Fish	Sweet & Sour Red Cabbage Peas & Onions, Rice Pilaf Mashed Potatoes, Biscuits	Fruit Of The Forest Pie Ice Cream
FRIDAY	Beet Salad Garden Salad Chicken Noodle Soup	Stuffed Flounder Swiss Steak Roasted Vegetables	French Cut Green Beans Baked Sweet Potato Mashed Potatoes Dinner Rolls	Blueberry Pie Ice Cream
SATURDAY	Fresh Fruit Garden Salad Navy Bean & Ham Soup	Crab Cakes Rosemary Chicken Baked Fish	Cauliflower, Squash Medley Roasted Potatoes Mashed Potatoes Cornbread	Chocolate Pudding Ice Cream

Dinner Menu Week 3

SUNDAY	Potato Salad Garden Salad Vegetable Soup	Baked Ham Roast Turkey Baked Fish	Green Bean Casserole Harvard Beets, Stuffing Mashed Potatoes Assorted Rolls	Pumpkin Pie Ice Cream
MONDAY	Coleslaw Garden Salad Tomato Basil Soup	Hamburger Hot Dog BBQ Chicken	California Blend Veggies Baked Beans, Steak Fries Mashed Potatoes Wheat Rolls	Lemon Crunch Pie Ice Cream
TUESDAY	Cucumber Salad Garden Salad Minestrone Soup	Roasted Garlic Chicken Spaghetti & Meatballs Baked Fish	Sicilian Blend Peas & Onions, Roasted Potatoes, Mashed Potatoes Garlic Bread	Chocolate Chip Cookies Ice Cream
WEDNESDAY	Carrot Salad Garden Salad Lentil soup	Meatloaf Seafood Casserole Grilled Chicken Salad	Green Beans, Yellow Rice Mashed Potatoes Dinner Roll	Peach Pie Ice Cream
THURSDAY	Fresh Fruit Garden Salad Chicken & Rice Soup	Ribs & Sauerkraut Beef Burgundy Baked Fish	Broccoli, Mixed Vegetables Parslied Noodles Mashed Potatoes Rye Bread	Cherry Cheesecake ice Cream
FRIDAY	Coleslaw Garden Salad Vegetable Beef Soup	Fried Catfish Hushpuppies Stuffed Cabbage Baked Chicken	Lima Beans, Accorn Squash New Potatoes, Mashed Potatoes Assorted Rolls	Pecan Pie Ice Cream
SATURDAY	Crab Salad Garden Salad Cream of Tomato Soup	Sweet & Sour Chicken Vegetable Lasagna Baked Fish	Oriental Blend Cauliflower, White Rice Mashed Potatoes, Dinner Roll	Blackberry Cobbler Ice Cream

Dinner Menu Week 4

SUNDAY	<p>Beet Salad Spinach Salad Beer Cheese Soup</p>	<p>Pork Loin Pot Roast Baked Fish</p>	<p>Roasted Vegetables Baby Carrots, Stewed Apples Mashed Potatoes Wheat Roll</p>	<p>Carrot Cake Ice Cream</p>
MONDAY	<p>Coleslaw Garden Salad Chicken & Rice Soup</p>	<p>Beef Stroganoff Beer Battered Cod Baked Chicken</p>	<p>Corn On The Cob Green Beans, Buttered Noodles Mashed Potatoes Dinner Roll</p>	<p>Dutch Apple Pie Ice Cream</p>
TUESDAY	<p>Fresh Fruit Garden Salad Navy Bean Soup</p>	<p>Fried Shrimp Hushpuppies Southwestern Chicken Baked Fish</p>	<p>Broccoli, Creamed Corn Au gratin Potatoes Mashed Potatoes Cornbread</p>	<p>Oatmeal Cookies Ice Cream</p>
WEDNESDAY	<p>Tropical Fruit Garden Salad Tomato Basil Soup</p>	<p>Meatloaf Baked Catfish Taco Salad</p>	<p>Zucchini & Tomatoes Macaroni & Cheese, Spinach Mashed Potatoes Dinner Roll</p>	<p>Chocolate Mint Pie ice Cream</p>
THURSDAY	<p>Fruit Jell-O Garden Salad Tuscan Onion Soup</p>	<p>Prime Rib Chicken Cacciatore Baked Fish</p>	<p>Caribbean Blend Cauliflower, Baked Potato Mashed Potatoes Garlic Bread</p>	<p>Strawberry Shortcake Ice Cream]</p>
FRIDAY	<p>Ambrosia Caesar Salad Clam Chowder</p>	<p>Stuffed Flounder Country Fried Steak Baked Chicken</p>	<p>Green Peas, Yellow Squash Roasted Potatoes Mashed Potatoes Assorted Rolls</p>	<p>Chocolate Silk Pie Ice Cream</p>
SATURDAY	<p>Fresh Fruit Garden Salad Cream of potato Soup</p>	<p>Stuffed Shells Chicken Tenders Baked Fish</p>	<p>Sicilian Blend, String Beans Steak Fries, Mashed Potatoes Garlic Bread Sticks</p>	<p>Custard Pie Ice Cream</p>

Dinner Menu Week 5

SUNDAY	Watergate Salad Garden Salad Beef Barely	Veal Parmesan Pork Chops Baked Fish	Bean Medley Baby Carrots, Stewed Apples Mashed Potatoes Assorted Rolls	Lemon Cream Pie Ice Cream
MONDAY	Pineapple Coleslaw Fresh Fruit Chicken Florentine	Broiled Salmon Knockwurst Baked Chicken	Brussels Sprouts, Sweet Corn Scalloped Potatoes, Mashed Potatoes Rye Bread	Brownies ice Cream
TUESDAY	Mushroom Salad Garden Salad Split Pea Soup	Hungarian Goulash Luau Pork Baked Fish	Broccoli, Squash Medley Rice Pilaf Mashed Potatoes White Rolls	Sugar Cookies Ice Cream
WEDNESDAY	Jell-O With Pears Tomato Basil Cream Of Spinach Soup	Baked Grouper BBQ Pork Ribs Baked Chicken	Stewed Tomatoes Ford Hook Lima Beans Macaroni & Cheese, Mashed Potatoes, Dinner Roll	Raspberry Dream Cake Ice Cream
THURSDAY	Topical Fruit Garden Salad Navy Bean & Ham Soup	Chicken Alfredo Italian Sausage Baked Fish	Caribbean Blend, Cauliflower Julienne Potatoes, Mashed Potatoes, Garlic Bread Loaf	Key Lime Pie Ice Cream
FRIDAY	Pineapple & Cottage Cheese Caesar Salad Potato Sausage Soup	Lasagna Sliced Turkey Stuffed Flounder	Fried Okra, Yellow Squash Roasted Potatoes Mashed Potatoes Garlic Bread	Chocolate Cake Ice Cream
SATURDAY	Fresh Fruit Garden Salad Broccoli & Cheese Soup	Shrimp Scampi Lamb Stew Baked Chicken	Sicilian Blend Wax Beans, Linguini Pasta Mashed Potatoes, Dinner Roll	Banana Cake Ice Cream